

TSEN

Transforming
Supporting
Empowering
Networking

For more information please visit,
www.tsen.ca

Making a decision about what to do once you have completed school is difficult for anyone. It is our job to provide you with enough information that you can make an informed decision as well as help you with the transition period if your decision is to join TSEN. It is our hope that this package will provide some initial information about TSEN's services and philosophy regarding Person Centered Planning and Gentle Teaching. Once you have read the enclosed information, please feel free to contact us and we will gladly meet with you at your convenience



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The Four Cornerstones

The Individual is;

1. A unique person different from all others
2. A whole person whose life composes a total
3. A person with unexplored and unknown potential
4. One whose diversity needs to be respected



Vision

A community of equal opportunities that respects diversity and choices.

Mission

To be an organization that sets the standard for community-oriented person-centered support of individuals living with a disability.

Background

TSEN was established in 1999 by concerned parents and individuals living with disabilities, who wanted to pursue the same options and opportunities that other members of the community pursue throughout their lives. The founding members envisioned an agency that provided non-facility based support that focused on a person-centred approach in the community. Focusing on the interests, strengths, and abilities of each individual allows TSEN to be more accountable and responsive to the individuals and the supports that they require.



Programs offered at TSEN

The Grad Program

The Grad program was developed to make the transition from high school to day program as smooth, and stress-free as possible. The grad program coordinator will work closely with the individual and their support network to develop a plan that reflects the individuals needs and goals

Transition Program

The Transition Program is for those whose identified goals, focus more around the continued development of social skills, problem-solving, life skills and coping mechanisms.

Employment Program

Many of these people have identified employment and volunteer placements as being their priority. We support individuals to create programming that supports a healthy work/life balance by incorporating life skills, physical activity and leisure programming into their schedules along with their vocational sites.

Supported independent living Program

SIL supports individuals living independently or respite to those living with their families. We assist with cooking, cleaning, budgeting, grocery shopping, medical coordination etc



Additional Programming

Though TSEN is a community-based agency we do offer several in house and organized activities

- Yoga
- Music Therapy
- Cooking Classes
- Art Class
- Literacy
- Men's and Women's Group
- Recreational Activities provide people with opportunities to participate in a variety of recreational activities such as going to the YMCA to swim/workout, bowling, billiards, soccer and basketball.

